



Becky believes

Becky is a compassionate and courageous instigator of change within organizations (both formal and informal) that seek to help. She believes the collective wields priceless power when activated by impassioned stories that move us all along a continuum from inspiration, to explanation, to actions that give to the world by giving to one another.

Becky is Mindful Mornings' Founder, and the creator and lead advisor of Well Work, Mindful Mornings is an interactive monthly speaker series for do-gooders who want to create a more well world that has a growing national presence. Well Work is a communications strategy, program design, and community engagement consultancy that brings capacity, perspective, curiosity, kindness and conviction to the teams who need it the most.

Becky is driven by the belief that we never arrive, we only iteratively evolve through an interplay between deep attention to one another and gutsy effort.

By attending to one another, finding comfort in confusion and complexity, and taking inspired action driven by more than selfish pursuits, we can disperse the fog that inhibits us from answering our greatest question, "What's mine to do?"

Article, Keynotes, Podcasts, & Webinars



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Keynote #1

The space between words : The extraordinary power of listening and wondering

In this interactive keynote Becky explores the most basic of all human needs -- for our souls to be seen. She gives new meaning to the practice of listening and curiosity as tools for change . And she discusses how we move from a society of bad listeners who have to have all of the answers, to compassionate wonderers who seek to solve and support. This keynote is about unearthing the limitless power that lives within each of us to be the change in our own lives, in our companies, and in our communities.

Keynote # 2

The business of compassion : Moving from curiosity, to wonderment, to engagement

in this keynote Becky takes audiences on her journey from a young child with a deep desire to help heal the world, to a community organizer who has created a grassroots movement in support of the social good through the simple (but not always easy) acts of listening, wondering, and storytelling. Learn how she aligns her skills, passions, and the needs of the community to create a more well world. This keynote is about how we do community engagement right, and how we can avoid getting it wrong..

Custom Keynotes + Workshops

Don't see a topic or format that will resonate with your audience? Don't worry. Becky creates custom keynotes, workshops, and webinars.